





# March Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Every Friday 3:00 PM Bible Study		1 9:45-Weights/BP <b>10:30 Balance/Strength with Jake</b> 1:30 Weights/BP	2 9:45 Chair Chi 10:30 Three Word Game <b>1:30 Music with Julian</b>	3 <b>9:00-Communion</b> Morning Stretching <b>10:15-Music with Dick</b> 1:30- BINGO	4 10:30 Saturday Morning BINGO  <b>3:30 -Music with Beats and Rhymn</b>
5 Visitors Day 10:00 Snack Cart 10:30 Grace Point Church 1:30 BINGO	6 9:30-Aromatherapy Yoga <b>10:30 Music with Michael</b> 1:30-ML SPA	7 <b>9:30 Morning Massages by Vanessa</b> 9:45 Chair Dancing 10:30 TRIVIA 1:30-BINGO	8 9:45-Morning Chat <b>10:30 Balance/Strength with Jake</b> <b>1:30 Recycled Art with Samantha</b>	9 9:45 Chair Chi 10:30 Birthday Trivia 1:30 HAPPY HOUR	10 <b>9:00-Communion</b> 10:15 Morning Stretching 1:30-BINGO	11 10:30 Movie & Hot Chocolate  <b>3:30 pm Concert with Violinist Antonio</b>
12 <u>Daylight Savings Time Begins</u> 10:00 Snack Cart 10:30 Grace Point Church 1:30 BINGO	13 9:45-Aromatherapy Yoga 10:30 Tea Social 1:30-POKER CLUB	14 9:45 Chair Dancing <b>10:15 Sculpturing Class</b> 1:30-BINGO	15 9:45-Morning Juicing <b>10:30 Balance/Strength with Jake</b> 1:30-Reminiscing/ML	16 9:45 Chair Chi 10:30 Green Trivia 1:30 HAPPY HOUR	17 <b>St Patricks Day</b> <b>9:00-Communion</b> Morning Stretching <b>10:15-Music with Dick</b> 1:30- BINGO	18 <b>10:30 -Music with Beats and Rhymn</b>  1:30 Afternoon Bingo
19 Visitors Day 10:00 Snack Cart 10:30 Grace Point Church 1:30 BINGO	20 First Day of Spring 9:30-Aromatherapy Yoga <b>10:30 Music with Michael</b> 1:30-WL SPA	21 9:45 Chair Dancing 10:30 TRIVIA 1:30-BINGO	22 9:45-Morning Chat <b>10:30 Balance/Strength with Jake</b> 1:30-Creativity Class	23 9:45-Chair Chi 10:30 Spring Trivia 1:30 BINGO <b>3:15 pm Concert with Violinist Antonio</b>	24 <b>9:00-Communion</b> 10:15 Morning Stretching 1:30-BINGO AUCTION	25 <b>10:30 Morning Concert with Alfredo</b>  <b>1:30 Morning Massages by Vanessa</b>
26 Visitors Day 10:00 Snack Cart 10:30 Grace Point Church 1:30 BINGO	27 9:45-Aromatherapy Yoga 10:30 Tea Social 1:30-POKER CLUB	28 9:45 Chair Dancing <b>10:15 Sculpturing Class</b> <b>2:30-Concert with Dick</b>	29 9:45-Morning Juicing <b>10:30 Balance/Strength with Jake</b> 1:30-Outdoor Reminiscing w/Sunita	30 9:45-Chair Chi 10:30-Food Tasting 1:30 HAPPY HOUR	31 <b>9:00-Communion</b> 10:15 Morning Stretching 1:30-BINGO	