



# May Activities



| Sunday                                                                                                                            | Monday                                                                                             | Tuesday                                                                                                         | Wednesday                                                                        | Thursday                                                                                                         | Friday                                                                                 | Saturday                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                   |                                                                                                    |                                                                                                                 |                                                                                  | 1<br>🏋️ Weights & Blood Pressure<br>1:30 Scrabble                                                                | 2<br>9:00 🏛️ Communion<br>10:00 🇲🇽 Cinco De Mayo Celebration<br>1:15 BINGO             | 3<br>10:00 🍪 Snack Cart<br>10:30 🎨 Weekend Coloring<br><b>1:15 🎵 Music with Mark Jasper</b><br>2:00 🍪 Snack Cart                |
| 4<br>10:30 🎵 Sing-Along<br>12:00 🍽️ Lunch<br>1:30 🏛️ Church Service-visual<br>2:00 🍪 Snack Cart                                   | 5<br>🇲🇽 Cinco De Mayo<br>9:45 🧘 Morning Stretch<br><b>10:15 🎵 Music w/Michael</b><br>1:15 BINGO    | 6<br>10:00 🪑 Chair Stretching<br>10:30 📖 Influential Women in History<br>1:15 🌿 Waterleaf Spa Day               | 7<br>10:00 🧘 Aromatherapy Yoga<br><b>10:30 🎨 Ceramic Class</b><br>1:15 BINGO     | 8<br>10:00 🧘 Balance/Strength<br>10:30 🎨 Arts & Crafts<br><b>1:15 🎵 Music with Julian</b>                        | 9<br>9:00 🏛️ Communion<br>10:30 ☕ Mother's Day Tea Social<br>1:15 BINGO                | 10<br>10:00 🍪 Snack Cart<br><b>10:15 Exercise with Rowena</b><br><b>1:15 🎻 Violin Concert with Antonio</b><br>2:00 🍪 Snack Cart |
| 11<br>🌸 Mother's Day<br>10:30 🌸 Flowering Arranging<br>12:00 🍽️ Mother's Day Lunch<br>1:30 🏛️ Church Service<br>2:00 🍪 Snack Cart | 12<br>9:45 🧘 Morning Stretch<br><b>10:15 🎵 Music w/Alfredo</b><br>1:15 BINGO                       | 13<br>10:00 🪑 Chair Stretching<br>10:15 🎱 Ball Toss<br>10:30 🗺️ Where in the World?<br>1:15 🌿 Mapleleaf Spa Day | 14<br>10:00 🧘 Aromatherapy Yoga<br>10:30 🎭 Mix & Mingle<br>1:15 BINGO            | 15<br>10:00 🧘 Balance/Strength<br>10:30 🏐 Volleyball<br>1:15 🏹 Bowling                                           | 16<br>9:00 🏛️ Communion<br>10:00 🧠 Trivia/Quiz<br>1:15 BINGO                           | 17<br>10:00 🍪 Snack Cart<br>10:30 🎨 Weekend Coloring<br>1:30 ❤️ Afternoon Movie<br>2:00 🍪 Snack Cart                            |
| 18<br>10:30 ✈️ Armchair Travel<br>12:00 🍽️ Lunch<br>1:30 🏛️ Church Service-visual<br>2:00 🍪 Snack Cart                            | 19<br>9:45 🧘 Morning Stretch<br><b>10:15 🎵 Music w/Michael</b><br>1:15 BINGO                       | 20<br>10:00 🪑 Chair Stretching<br>10:15 🎱 Ball Toss<br>10:30 🇺🇸 Memorial Day Quiz<br>1:15 🌿 Gardening           | 21<br>10:00 🧘 Aromatherapy Yoga<br>10:30 🎨 Ceramic Class<br>1:15 BINGO           | 22<br>10:00 🧘 Balance/Strength<br>10:30 🍴 Food Tasting<br>1:15 🍦 Ice-cream Social                                | 23<br>9:00 🏛️ Communion<br>10:30 🪑 Chair Dancing<br>11:00 📰 Current News<br>1:15 BINGO | 24<br>10:00 🍪 Snack Cart<br>10:30 🍹 Juicing<br><b>1:15 🎻 Violin Concert with Antonio</b><br>2:00 🍪 Snack Cart                   |
| 25<br>10:30 🏐 Volleyball<br>12:00 🍽️ Lunch<br>1:30 🏛️ Church Service<br>2:00 🍪 Snack Cart                                         | 26<br>🇺🇸 Memorial Day 🇺🇸<br>9:45 🧘 Morning Stretch<br><b>10:15 🎵 Music w/Alfredo</b><br>1:15 BINGO | 27<br>10:00 🪑 Chair Stretching<br>10:15 🎱 Ball Toss<br>10:30 🗣️ Sayings We Remember<br>1:15 ♠️ Poker Club       | 28<br>10:00 🧘 Aromatherapy Yoga<br>10:30 🧘 Relaxing Hand Massaging<br>1:15 BINGO | 29<br>10:00 🧘 Balance/Strength<br>10:30 🧠 Memory Lane<br>1:15 📝 Resident's Council Meeting<br>2:00 🎲 Board Games | 30<br>9:00 🏛️ Communion<br>10:00 🧠 Trivia/Quiz<br>1:15 BINGO                           | 31<br>10:00 🍪 Snack Cart<br>10:30 🎨 Weekend Coloring<br>1:30 ❤️ Afternoon Movie<br>2:00 🍪 Snack Cart                            |
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