



June Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 ✈️ Armchair Travel 12:00 🍴 Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	2 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Michael 1:15 BINGO	3 🧘 Weights & Blood Pressure 1:30 Musical Memories	4 10:00 🧘 Aromatherapy Yoga 10:30 🎨 Ceramic Class 1:15 BINGO	5 10:00 🧘 Balance/Strength 10:30 🧠 Word Games 1:15 🎨 Arts & Crafts	6 9:00 ✚ Communion 10:30 🪑 Chair Dancing 11:00 Morning Chat 1:15 BINGO	7 10:00 🍪 Snack Cart 10:30 🎨 Weekend Coloring 1:15 🎵 Music with Mark Jasper 2:00 🍪 Snack Cart
8 10:30 🌸 Flowering Arranging 12:00 🍴 Lunch 1:30 🏛️ Church Service 2:00 🍪 Snack Cart	9 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO	10 10:00 🪑 Chair Stretching 10:15 🎱 Ball Toss 10:30 🐎 Horse Racing Game 1:15 🌿 Waterleaf Spa Day	11 10:0 🧘 Aromatherapy Yoga 10:30 🍷 Juicing 1:15 BINGO	12 10:00 🧘 Balance/Strength 10:30 ☕ Father's Tea Social 1:15 🎵 Music with Julian	13 9:00 ✚ Communion 10:00 🧠 Trivia/Quiz 1:15 BINGO	14 🇺🇸🇺🇸 Flag Day. 10:00 🍪 Snack Cart 10:15 Exercise with Rowena 1:30 🎬 Afternoon Movie 2:00 🍪 Snack Cart
15 👤 Father's Day 10:30 Mix & Mingle 12:00 🍴 Father's Day Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	16 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Michael 1:15 BINGO	17 10:00 🪑 Chair Stretching 10:15 🎱 Ball Toss 10:30 🧠 Charades 1:15 🌿 Mapleleaf Spa Day	18 10:00 🧘 Aromatherapy Yoga 10:30 📖 Memory Lane 1:15 BINGO	19 10:00 🧘 Balance/Strength 10:30 🏐 Volleyball 1:15 🎳 Bowling	20 9:00 ✚ Communion 10:30 🪑 Chair Dancing 11:00 🍴 Food Tasting 1:15 BINGO	21 10:00 🍪 Snack Cart 10:30 🎨 Weekend Coloring 1:30 🎬 Afternoon Movie 2:00 🍪 Snack Cart
22 10:30 Sing-along 12:00 🍴 Lunch 1:30 🏛️ Church Service 2:00 🍪 Snack Cart	23 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO	24 10:00 🪑 Chair Stretching 10:15 🎱 Ball Toss 10:30 😊 Relaxing Hand Massaging 1:15 ♠️ Poker Club	25 10:00 🧘 Aromatherapy Yoga 10:30 🎨 Arts & Crafts 1:15 BINGO	26 10:00 🧘 Balance/Strength 10:30 📖 Reading Group 1:15 📅 Resident Council Meeting 2:00 🎲 Board Games	27 9:00 ✚ Communion 10:15 🧠 Trivia/Quiz 1:15 BINGO	28 10:00 🍪 Snack Cart 10:30 🍷 Juicing 1:30 🪑 Armchair Travel 2:00 🍪 Snack Cart
29 10:30 🏐 Volleyball 12:00 🍴 Lunch 1:15 🎬 Afternoon Movie 2:00 🍪 Snack Cart	30 9:45 🧘 Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO					