



October Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 🕊️ Communion 10:30 🎨 Ceramic Class 1:15 BINGO	2 9:00 🩺 Weight & Blood Pressure 1:30 🧠 Scrabble	3 10:00 🪑 Chair Dancing 10:15 🧐 Trivia/Quiz 1:15 BINGO	4 10:00 🍪 Snack Cart 10:30 🎨 Weekend Coloring 1:15 🎵 Music with Mark Jasper 2:00 🍪 Snack Cart
5 10:30 🎤 Sing-along 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	6 9:45 🕊️ Morning Stretch 10:15 🎵 Music w/Michael 1:15 BINGO	7 9:00 🪑 Chair Stretching 10:15 🎱 Ball Toss 10:30. 🎨 Halloween Crafts 1:15 🎵 Musical Memories	8 10:0 🧘 Aromatherapy Yoga 10:30 🍷 Juicing 11:00 🧠 Word Games 1:15 BINGO	9 10:00 🧘 Balance/Strength 10:30 🛍️ Whats In The Bag? 1:15 🎵 Music w/Julian	10 9:00 🕊️ Communion 10:30 🪑 Chair Dancing 11:00. 😊 Morning Chat 1:15 BINGO	11 10:00 🍪 Snack Cart 10:15 Exercise with Rowena 1:15 Violin with Antonio 🎻 2:00 🍪 Snack Cart
12 10:30 🏐 Volleyball 12:00 🍽️ Lunch 1:30 🏛️ Church Service 2:00 🍪 Snack Cart	13 9:45 🕊️ Morning Stretch 10:15 🎵 Music w/Alfredo 1:15 BINGO	14 10:00 🪑 Chair Stretching 10:15 🎱 Ball Toss 10:30. 🎨 Arts & Crafts 1:15 🌿 Waterleaf Spa Day	15 10:00 🧘 Aromatherapy Yoga 10:30 🐎 Horse Racing Game 1:15 BINGO	16 10:00 🧘 Balance/Strength 10:30 🍴 Food Tasting 1:15 🏹 Bowling	17 9:00 🕊️ Communion 10:30 🪑 Chair Dancing 11:00 📰 Current News 1:15 BINGO	18 10:00 🍪 Snack Cart 10:30 🎨 Weekend Coloring 1:30 🎬 Afternoon Movie 2:00 🍪 Snack Cart
19 10:30 🌸 Flower Arranging 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	20 9:45 🕊️ Morning Stretch 10:15 🎵 Music w/Michael 1:15 BINGO	21 10:00 🪑 Chair Stretching 10:15 🧐 Trivia/Quiz 1:00. 🌿 Mapleleaf Spa Day	22 10:00 🧘 Aromatherapy Yoga 10:30 🎃 Pumpkin Carving 1:15 BINGO	23 10:00 🧘 Balance/Strength 10:30 📖 Reading Group 1:15 📅 Resident Council Meeting 2:00. 🧠 Board Games	24 9:00 🕊️ Communion 10:30 🪑 Chair Dancing 11:00 Halloween Word Search 1:15 BINGO	25 10:00 🍪 Snack Cart 10:30 🍷 Juicing 1:15 Violin with Antonio 🎻 2:00 🍪 Snack Cart
26 10:30 🪑 Armchair Travel 12:00 🍽️ Lunch 1:30 Church Service 2:00 🍪 Snack Cart	27 9:45 🕊️ Morning Stretch 10:30 Playing Your Favorite Song 1:15 BINGO	28 10:00 🪑 Chair Stretching 10:30. Halloween Trivia 1:15 ♠️ Poker Club	29 10:00 🧘 Aromatherapy Yoga 10:30 🏐 Volleyball 1:15 <u>BINGO (Door Prizes)</u>	30 10:00 🧘 Balance/Strength 10:30 🎮 "Guess The Candy In The Jar Game" 1:30 🍵 Halloween Tea Party	31 9:00 🕊️ Communion 10:00 Halloween Costume Party with Alfredo 1:30. Trunk-o-Treat	