



# May Activities



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 ✚ Communion 10:30 🪑 Chair Dancing 11:00 😊 Morning Chat 1:15 BINGO	2 10:00 Snack Cart 10:15. 🧘 <b>Exercise with Rowena</b> <b>1:15 Music with Mark Jasper</b> 2:00 🍪 Snack Cart
3 <b>10:15 Violin with Antonio</b> 🎻 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	4 9:45 🧘 Morning Stretch <b>10:15 🎵 Music w/Michael</b> 1:15 BINGO	5 🎉 Cinco De Mayo 9:00 🩺 Weight & Blood 1:30 🎉 Cino De Mayo Celebration	6 10:00 🧘 Aromatherapy Yoga 10:30 🎨 Ceramics Class 1:15 BINGO	7 10:00 🧘 Balance/Strength 10:30 📖 Influential Women in History 1:00. 🌿 Waterleaf Spa Day	8 9:00 ✚ Communion 10:30 🍵 Mother's Day Tea Social 1:15 BINGO	9 10:00 Snack Cart 10:30 🎨 Weekend Coloring 1:30 🎬 Afternoon Movie 2:00 🍪 Snack Cart
10 🌹 Mother's Day 10:30 🌸 Flower Arranging 12:00 🍽️ Lunch 1:30 🏛️ Church Service 2:00 🍪 Snack Cart	11 9:45 🧘 Morning Stretch <b>10:15 🎵 Music w/Alfredo</b> 1:15 BINGO	12 10:00 🪑 Chair Stretching 10:15 Ball Toss 10:30. 🎨 Arts & Crafts 1:15 🌿 Mapleleaf Spa Day	13 10:00 🧘 Aromatherapy Yoga 10:30 📖 Reading Group 1:15 BINGO	14 10:00 🧘 Balance/Strength 10:30 😊 You Be The Judge 1:15 🎵 Music with Julian	15 9:00 ✚ Communion 10:15 😊 Trivia/Quiz 1:15 BINGO	16 10:00 Snack Cart 10:30 🍹 Juicing 1:30 🪑 Armchair Travel _2:00 🍪 Snack Cart
17 10:30 🏐 Volleyball 12:00 🍽️ Lunch 1:30 🏛️ Church Service-visual 2:00 🍪 Snack Cart	18 9:45 🧘 Morning Stretch <b>10:15 🎵 Music w/Michael</b> 1:15 BINGO	19 10:00 🪑 Chair Stretching 10:15 Ball Toss 10:30 😊 Where In The World? 1:15. 🃏 Poker Club	20 10:00 🧘 Aromatherapy Yoga 10:30 🎨 Ceramics Class 1:15 BINGO	21 10:00 🧘 Balance/Strength 10:30 😊 Spot The Difference 1:15 🗳️ Residents Council Meeting 2:00. 😊 Board Games	22 9:00 ✚ Communion 10:30 🪑 Chair Dancing 11:00. 🇺🇸 Memorial Day Quiz 1:15 BINGO	23 10:00 Snack Cart 10:30 🎨 Weekend Coloring <b>1:15 Violin with Antonio</b> 🎻 2:00 🍪 Snack Cart
24 10:30 🎤 Sing-along 12:00 🍽️ Lunch 1:30 Church Service 2:00 🍪 Snack Cart	25 🇺🇸 Memorial Day 9:45 🧘 Morning Stretch <b>10:15 🎵 Music w/Alfredo</b> 1:15 BINGO	26 10:00 🪑 Chair Stretching 10:15 Ball Toss 10:30. 🍹 Juicing 11:00. 😊 Word Games 1:30 🌿 Gardening	27 10:00 🧘 Aromatherapy Yoga 10:15 😊 Trivia/Quiz 1:15 BINGO	28 10:00 🧘 Balancing/Strength 10:30 😊 Game Time 1:15 🍦 Ice Cream Social	29 9:00 ✚ Communion 10:30 🪑 Chair Dancing 11:00 😊 Morning Chat 1:15. BINGO	30 10:00 Snack Cart 10:30 🎨 Weekend Coloring 1:30 🎬 Afternoon Movie _2:00 🍪 Snack Cart
31 10:30 🏐 Volleyball 12:00 🍽️ Lunch 1:30 Famous Places & Faces 2:00 🍪 Snack Cart						