



June Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|---|
| | <p>1</p> <p>9:45 🧘 Morning Stretch</p> <p>10:15 🎵 Music w/Michael</p> <p>1:15 BINGO</p> | <p>2</p> <p>9:00 🏋️ Weights & Blood Pressure</p> <p>1:30 🎵 Musical Memories</p> | <p>3</p> <p>10:00 Aromatherapy Yoga</p> <p>10:30 🎨 Ceramics Class</p> <p>1:15 BINGO</p> | <p>4</p> <p>10:00 🧘 Balance/Strength</p> <p>10:30 🍴 Food Tasting</p> <p>1:15. 🤲 Relaxing Hand Massages & Room Visits</p> | <p>5</p> <p>9:00 ✝️ Communion</p> <p>10:30 🪑 Chair Dancing</p> <p>11:00 😊 Morning Chat</p> <p>1:15 BINGO</p> | <p>6</p> <p>10:00 🛒 Snack Cart</p> <p>10:15. 🧘 Exercise with Rowena</p> <p>1:30 🎬 Afternoon Movie</p> <p>2:00 🍪 Snack Cart</p> |
| <p>7</p> <p>10:30 🌸 Flower Arranging</p> <p>12:00 🍽️ Lunch</p> <p>1:30 🏛️ Church Service-visual</p> <p>2:00 🍪 Snack Cart</p> | <p>8</p> <p>9:45 🧘 Morning Stretch</p> <p>10:15 🎵 Music w/Alfredo</p> <p>1:15 BINGO</p> | <p>9</p> <p>10:00 🪑 Chair Stretching</p> <p>10:15 🎱 Ball Toss</p> <p>10:30. 🐎 Horse Racing Game</p> <p>1:15 🌿 Waterleaf Spa Day</p> | <p>10</p> <p>10:00 🧘 Aromatherapy Yoga</p> <p>10:30 🍷 Juicing</p> <p>11:00 😊 Word Games</p> <p>1:15 BINGO</p> | <p>11</p> <p>10:00 🧘 Balance/Strength</p> <p>10:30 🎨 Arts & Crafts</p> <p>1:15. 🎳 Bowling</p> | <p>12</p> <p>9:00 ✝️ Communion</p> <p>10:30 😊 Trivia/Quiz</p> <p>1:15 BINGO</p> | <p>13</p> <p>10:00 🛒 Snack Cart</p> <p>10:30 🎨 Weekend Coloring</p> <p>1:15 🎻 Violin with Antonio</p> <p>2:00 🍪 Snack Cart</p> |
| <p>14</p> <p>10:30 🏐 Volleyball</p> <p>12:00 🍽️ Lunch</p> <p>1:30 🏛️ Church Service</p> <p>2:00 🍪 Snack Cart</p> | <p>15</p> <p>9:45 🧘 Morning Stretch</p> <p>10:15 🎵 Music w/Michael</p> <p>1:15 BINGO</p> | <p>16</p> <p>10:00 🪑 Chair Stretching</p> <p>10:15 🎱 Ball Toss</p> <p>10:30. 📖 Reading Group</p> <p>1:15 🌿 Mapleleaf Spa Day</p> | <p>17</p> <p>10:00 🧘 Aromatherapy Yoga</p> <p>10:30 🍷 Outdoor Picnic</p> <p>1:15 BINGO</p> | <p>18</p> <p>10:00 🧘 Balance/Strength</p> <p>10:30 😊 This Month In History</p> <p>1:15 🎵 Music with Julian</p> | <p>19</p> <p>9:00 ✝️ Communion</p> <p>10:15 🍵 Fathers Tea Social</p> <p>1:15 BINGO</p> | <p>20</p> <p>10:00 🛒 Snack Cart</p> <p>10:30 🍷 Juicing</p> <p>1:30 🎬 Afternoon Movie</p> <p>2:00 🍪 Snack Cart</p> |
| <p>21</p> <p>🏠 Fathers Day</p> <p>10:30 🍦 Ice Cream Social</p> <p>12:00 🏠 Fathers Day Lunch</p> <p>1:30 🏛️ Church Service-visual</p> <p>2:00 🍪 Snack Cart</p> | <p>22</p> <p>9:45 🧘 Morning Stretch</p> <p>10:15 🎵 Music w/Alfredo</p> <p>1:15 BINGO</p> | <p>23</p> <p>10:00 🪑 Chair Stretching</p> <p>10:15 🎱 Ball Toss</p> <p>10:30 🎨 Arts & Crafts</p> <p>1:15. 🃏 Poker Club</p> | <p>24</p> <p>10:00 🧘 Aromatherapy Yoga</p> <p>10:30 😊 Game Time</p> <p>1:15 BINGO</p> | <p>25</p> <p>10:00 🧘 Balance/Strength</p> <p>10:30 😊 Memory Lane</p> <p>1:15 📄 Residents Council Meeting</p> <p>2:00. 😊 Board Games</p> | <p>26</p> <p>9:00 ✝️ Communion</p> <p>10:30 😊 Trivia/Quiz</p> <p>1:15 BINGO</p> | <p>27</p> <p>10:00 🛒 Snack Cart</p> <p>10:30 🎨 Weekend Coloring</p> <p>1:15 Violin with Antonio</p> <p>2:00 🍪 Snack Cart</p> |
| <p>28</p> <p>10:30 🏐 Volleyball</p> <p>12:00 🍽️ Lunch</p> <p>1:30 Church Service</p> <p>2:00 🍪 Snack Cart</p> | <p>29</p> <p>9:45 🧘 Morning Stretch</p> <p>10:15 🎵 Music w/Alfredo</p> <p>1:15 BINGO</p> | <p>30</p> <p>10:00 🪑 Chair Stretching</p> <p>10:15 🎱 Ball Toss</p> <p>10:30. 😊 Remembering 1970's</p> <p>1:30 🌿 Gardening</p> | | | | |